

# **Food That Gives Life Forever**

John 6

Three words that capture the heart of John 6:

Believe

Food

Eternity

John 6:28-71

28 ¶ Then said they unto him,  
What shall we do, that we might work the works of God?

29 Jesus answered and said unto them,  
This is the work of God, that ye believe on him whom he  
hath sent.

John 6:30-33

30 They said therefore unto him,

What sign shewest thou then, that we may see, and believe thee? what dost thou work? 31 Our fathers did eat manna in the desert; as it is written, He gave them bread from heaven to eat.

32 Then Jesus said unto them,

Verily, verily, I say unto you, Moses gave you not that bread from heaven; but my Father giveth you the true bread from heaven. 33 For the bread of God is he which cometh down from heaven, and giveth life unto the world.

-Manna vs. The Bread of God

34 Then said they unto him,  
Lord, evermore give us this bread.

35 And Jesus said unto them,  
I am the bread of life: he that cometh to me shall never hunger; and he that believeth on me shall never thirst. 36 But I said unto you, That ye also have seen me, and believe not. 37 All that the Father giveth me shall come to me; and him that cometh to me I will in no wise cast out. 38 For I came down from heaven, not to do mine own will, but the will of him that sent me.

39 And this is the Father's will which hath sent me, that of all which he hath given me I should lose nothing, but should raise it up again at the last day.

40 And this is the will of him that sent me, that every one which seeth the Son, and believeth on him, may have everlasting life: and I will raise him up at the last day.

- I AM the Bread of Life!
- Doing the will of the Father
  - Everlasting Life
  - The Resurrection

41 The Jews then murmured at him, because he said, I am the bread which came down from heaven. 42 And they said,

Is not this Jesus, the son of Joseph, whose father and mother we know? how is it then that he saith, I came down from heaven?

43 Jesus therefore answered and said unto them, Murmur not among yourselves. 44 No man can come to me, except the Father which hath sent me draw him: and I will raise him up at the last day. 45 It is written in the prophets, And they shall be all taught of God. Every man therefore that hath heard, and hath learned of the Father, cometh unto me.

46 Not that any man hath seen the Father, save he which is of God, he hath seen the Father. 47 Verily, verily, I say unto you, He that believeth on me hath everlasting life. 48 I am that bread of life. 49 Your fathers did eat manna in the wilderness, and are dead. 50 This is the bread which cometh down from heaven, that a man may eat thereof, and not die. 51 I am the living bread which came down from heaven: if any man eat of this bread, he shall live for ever: and the bread that I will give is my flesh, which I will give for the life of the world.

- The Jews have difficulty
- The Father draws mankind to Himself
- The Bread of Life is... Jesus' sacrificed body



52 The Jews therefore strove among themselves, saying,

How can this man give us his flesh to eat?

53 Then Jesus said unto them,

Verily, verily, I say unto you, Except ye eat the flesh of the Son of man, and drink his blood, ye have no life in you. 54 Whoso eateth my flesh, and drinketh my blood, hath eternal life; and I will raise him up at the last day.

55 For my flesh is meat indeed, and my blood is drink indeed. 56 He that eateth my flesh, and drinketh my blood, dwelleth in me, and I in him.

57 As the living Father hath sent me, and I live by the Father: so he that eateth me, even he shall live by me. 58 This is that bread which came down from heaven: not as your fathers did eat manna, and are dead: he that eateth of this bread shall live for ever.

- Jews are in conflict and confusion
- Jesus' answer confuses them further
  - Not just "How can we?"
  - But, "You must!" if you want eternal life.

59 These things said he in the synagogue, as he taught in Capernaum.

60 ¶ Many therefore of his disciples, when they had heard this, said,

This is an hard saying; who can hear it?

61 When Jesus knew in himself that his disciples murmured at it, he said unto them,

Doth this offend you? 62 What and if ye shall see the Son of man ascend up where he was before? 63 It is the spirit that quickeneth; the flesh profiteth nothing: the words that I speak unto you, they are spirit, and they are life.

64 But there are some of you that believe not.  
For Jesus knew from the beginning who they were that  
believed not, and who should betray him.

65 And he said,  
Therefore said I unto you, that no man can come unto  
me, except it were given unto him of my Father.

66 From that time many of his disciples went back, and  
walked no more with him.

67 Then said Jesus unto the twelve,  
Will ye also go away?

68 Then Simon Peter answered him,  
Lord, to whom shall we go? thou hast the words of  
eternal life. 69 And we believe and are sure that thou art  
that Christ, the Son of the living God.

70 Jesus answered them,  
Have not I chosen you twelve, and one of you is a  
devil?

71 He spake of Judas Iscariot the son of Simon: for he  
it was that should betray him, being one of the twelve.

- A “hard saying”
- Spirit gives life and the flesh “profits nothing”
- V. 66- “many...walked no more with Him”
- Where else would we go? You have the Words!

Take it Home with You-

Mother's Day encouragement-

Set a Godly example

Will you also go away?

We believe and are sure!

Serve more than just good food

Serving the Bread of Life

Serving Him

Serving others for Him

“serving Him to others”

Take it Home with You-  
Ascension Day

Jesus did what He said  
Returned to the Father  
Sent the Holy Spirit

Current work of Christ

The Risen Lord!

v. 62 – The Ascended Lord!

Seated at the right hand of the Father

Authority and completed work

Our intercessor – Rom. 8:33

Our advocate – 1 John 2:1